

短縮 45分 時程

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|-----|--------------|---|--------------|
| 1 | 9:20 | ~ | 10:05 |
| 2 | 10:05 | ~ | 10:50 |
| 3 | 11:10 | ~ | 11:55 |
| 4 | 11:55 | ~ | 12:40 |
| 昼休み | 12:40 | ~ | 13:30 |
| 5 | 13:30 | ~ | 14:15 |
| 6 | 14:15 | ~ | 15:00 |
| 7 | 15:20 | ~ | 16:05 |
| 8 | 16:05 | ~ | 16:50 |
| 9 | 17:20 | ~ | 18:05 |
| 10 | 18:05 | ~ | 18:50 |
| 給食 | 18:50 | ~ | 19:20 |
| 11 | 19:20 | ~ | 20:05 |
| 12 | 20:05 | ~ | 20:50 |